

Patient preparation checklist

A practical guide for planning your medical journey to India.

HOSPITAL REVIEW & RECORDS

- ☐ Send a brief enquiry with country, contact details and treatment needs.
- ☐ Ask which records the reviewing hospital needs; prepare clear, dated copies.
- ☐ Check whether translation is needed and authorise any sharing with the hospital.
- ☐ Confirm specialist appointments and the expected length of stay.

YOUR BUDGET & TRAVEL

- ☐ Request a written indicative estimate: inclusions, exclusions and currency.
- ☐ Discuss deposits, cancellations and possible additional hospital charges.
- ☐ Budget for flights, visas, accommodation, meals, transport, companions and coordination.
- ☐ Confirm each traveller's passport and visa requirements with the relevant authorities.
- ☐ Arrange accommodation, airport pickup and hospital transfers.
- ☐ Explain language, mobility, dietary and religious needs; confirm interpreter charges.

ARRIVAL & FOLLOW-UP

- ☐ Keep confirmed appointment details and office contact numbers accessible.
- ☐ Ask the treating team for discharge instructions, reports and a follow-up plan.
- ☐ Check with the treating clinician before booking return travel.
- ☐ Arrange any further appointments and communication with the treating hospital.

Initial estimates may change after clinical assessment or additional treatment.
Clinical decisions come from qualified healthcare providers. Outcomes vary by case.
Visa approval is not guaranteed. This checklist is practical planning guidance.
Do not send medical reports or identity documents through the initial enquiry form.